

# Patient Instructions for Collection of Urine-Random

The following instructions are intended to help you collect the correct specimen for the test your doctor has requested.

First read the instructions carefully, make sure you are prepared, and then follow each of the steps to ensure proper collection

## Collection procedure:

Note:

- Early morning urine specimens are preferred; although urine collected at other times of the day are acceptable.
- A midstream urine is the preferred specimen

Obtain a urine container from the laboratory

Wash and dry your hands thoroughly

Remove the container lid and set it aside

Begin urinating into the toilet

While still urinating insert cup into urine stream and continue to urinate until cup is approximately 3/4 full.

Finish voiding in the toilet.

Place lid carefully on the container.

Write the name, date of birth and date and time of collection on the container

Return to the laboratory immediately after collection as testing should be completed within 2 hours of collection for reliable results. Refrigerate the sample until you bring it to the laboratory